



# TOXIC FOODS FOR DOGS



**Onions:** Both onions and garlic contain the toxic ingredient Thiosulphate, but onions are a greater danger. Many dog biscuits contain \*small\* amounts of garlic. Because garlic contains less of this toxin, huge amounts would need to be consumed to be toxic. This poison builds up the system; it can be toxic in one large dose or with repeated consumption of small amounts.

**Chocolate:** Chocolate contains Theobromine, a compound that is a cardiac stimulant and a diuretic. This can be fatal to dogs.

**Grapes & Raisins:** Grapes are dangerous because of an unknown substance which is toxic to dogs – affects canine’s kidneys.

**Most Fruit Pits and Seeds:** These seeds contain Cyanogenic Glycosides that result in cyanide poisoning, but the fruit itself is OK. (e.g. apple seeds, cherry pits, peach pits).

**Macadamia Nuts:** These contain an unknown substance that is toxic to dogs.

**Bones:** Most cooked bones should \*not\* be given to dogs (especially chicken bones) because they can splinter and cause laceration of the digestive system and/or become lodged in your pet’s throat.

**Potato Peelings, Green parts of Tomatoes or Green Potatoes:** All contain Oxalates, which can affect the digestive, nervous, and urinary systems.

**Broccoli:** Broccoli is only toxic in large quantities.

**Yeast Dough:** Yeast Dough can produce gas and swell in your pet’s stomach and may lead to rupture of the digestive system.

**Beer/Wine/Liquor/ Alcohol:** Alcohol of any kind may lead to coma or even death.

**Human Vitamins:** Vitamins intended for humans, especially those containing iron, can cause damage to the lining of the digestive system as well as cause kidney and liver damage.

**Persimmons:** Persimmons can cause intestinal blockage.

**Raw Eggs and Raw Fish :** Raw eggs and fish can cause Salmonella poisoning.

**Salt, Baking Soda, Baking Powder:** In large amounts these can cause an electrolyte imbalance. Severe electrolyte imbalances can lead to muscle spasm or even congestive heart failure.

**Mushrooms:** Mushrooms may contain toxins which could cause liver and kidney damage.

**Sugar-Free Foods:** Sugar-free foods containing Xylitol have been found to cause liver failure in some dogs.

**Nutmeg:** Nutmeg may cause tremors, seizures, and central nervous system damage.

**Avocado:** All parts of the avocado fruit and tree are toxic to dogs.

**Mustard Seeds**

**Tea (Caffeinated Blends)**

**Walnuts**

**There may be other foods that your dog should not consume;  
so always ask your vet when you are unsure.**